# a peoples history of american empire

#### A People's History of American Empire

The narrative of American history is often told from the perspective of those in power, creating a skewed understanding of the nation's past. Howard Zinn's groundbreaking work, "A People's History of the United States," provides a counter-narrative that emphasizes the voices and experiences of ordinary Americans, often marginalized in traditional historical accounts. This perspective not only sheds light on the internal struggles within the nation but also reveals the darker chapters of American imperialism. This article aims to explore the concept of American empire from a people's perspective, examining the historical context, key events, and the implications of imperialism on both the domestic and global stage.

## The Foundations of American Empire

The roots of American imperialism can be traced back to the founding of the United States. The desire for expansion and dominance was evident even before the nation declared its independence.

#### The Colonial Era: Expansion and Control

- The early American colonies were established primarily for economic gain, leading to the exploitation of native populations and resources.
- The Doctrine of Discovery, a legal framework that justified European claims to indigenous lands, laid the groundwork for future territorial expansion.
- Conflicts such as King Philip's War (1675-1676) highlighted the violent struggle for control over land and resources.

### The Revolutionary War and its Aftermath

- The American Revolution was framed as a fight for liberty, yet it simultaneously reinforced the notion of American exceptionalism.
- The Treaty of Paris (1783) granted the United States significant territorial gains, further entrenching the idea of Manifest Destiny.
- The expansionist mentality led to the forced relocation of Native Americans, notably through the Indian Removal Act of 1830, which resulted in the Trail of Tears.