

# AN AMERICAN DEMON A MEMOIR JACK GRISHAM

**AN AMERICAN DEMON A MEMOIR JACK GRISHAM** IS A COMPELLING AND RAW NARRATIVE THAT DELVES INTO THE TURBULENT LIFE OF JACK GRISHAM, A FIGURE WELL-KNOWN FOR HIS CONTRIBUTIONS TO PUNK ROCK AND LITERATURE. THIS MEMOIR OFFERS AN UNFLINCHING LOOK AT GRISHAM'S PERSONAL STRUGGLES, HIS RISE WITHIN THE COUNTERCULTURE, AND THE DEMONS HE BATTLED ALONG THE WAY. READERS GAIN INSIGHT INTO THE COMPLEX INTERPLAY BETWEEN GRISHAM'S ARTISTIC ENDEAVORS AND HIS TUMULTUOUS PAST, MAKING THIS BOOK A FASCINATING STUDY OF RESILIENCE AND REDEMPTION. THE MEMOIR NOT ONLY HIGHLIGHTS THE CHALLENGES FACED BY GRISHAM BUT ALSO CONTEXTUALIZES HIS JOURNEY WITHIN BROADER SOCIAL AND CULTURAL MOVEMENTS. THIS ARTICLE EXPLORES THE KEY THEMES, BACKGROUND, AND SIGNIFICANCE OF *AN AMERICAN DEMON A MEMOIR JACK GRISHAM*, PROVIDING A DETAILED OVERVIEW THAT IS VALUABLE FOR BOTH FANS AND SCHOLARS ALIKE. BELOW IS A COMPREHENSIVE BREAKDOWN OF THE MEMOIR'S ESSENTIAL ASPECTS, FROM ITS NARRATIVE STYLE TO ITS CULTURAL IMPACT.

- OVERVIEW OF AN AMERICAN DEMON: A MEMOIR
- JACK GRISHAM'S EARLY LIFE AND INFLUENCES
- THEMATIC ELEMENTS IN THE MEMOIR
- LITERARY STYLE AND NARRATIVE TECHNIQUES
- IMPACT ON PUNK ROCK CULTURE AND BEYOND
- CRITICAL RECEPTION AND LEGACY

## OVERVIEW OF AN AMERICAN DEMON: A MEMOIR

*AN AMERICAN DEMON: A MEMOIR* BY JACK GRISHAM IS AN AUTOBIOGRAPHICAL WORK THAT CHRONICLES THE AUTHOR'S LIFE THROUGH A LENS MARKED BY HARDSHIP, ADDICTION, AND ARTISTIC EXPRESSION. THE MEMOIR PROVIDES A CANDID ACCOUNT OF GRISHAM'S EXPERIENCES GROWING UP IN AMERICA, HIS STRUGGLES WITH SUBSTANCE ABUSE, AND HIS EVENTUAL EMERGENCE AS A PROMINENT PUNK ROCK MUSICIAN AND AUTHOR. THE NARRATIVE SPANS SEVERAL DECADES, OFFERING READERS A CHRONOLOGICAL INSIGHT INTO THE EVENTS THAT SHAPED GRISHAM'S IDENTITY AND WORLDVIEW. THIS BOOK IS NOTABLE FOR ITS UNAPOLOGETIC HONESTY AND THE RAW PORTRAYAL OF BOTH PERSONAL AND SOCIETAL DEMONS THAT INFLUENCED GRISHAM'S LIFE.

## SCOPE AND STRUCTURE OF THE MEMOIR

THE MEMOIR IS STRUCTURED TO GUIDE THE READER THROUGH KEY PHASES OF GRISHAM'S LIFE, BEGINNING WITH HIS CHILDHOOD AND EARLY ENCOUNTERS WITH ADVERSITY. IT THEN MOVES THROUGH HIS ADOLESCENCE, THE BURGEONING PUNK SCENE, AND HIS BATTLES WITH ADDICTION AND MENTAL HEALTH. THE LATTER PARTS OF THE BOOK FOCUS ON GRISHAM'S RECOVERY AND CREATIVE OUTPUT, TYING TOGETHER THEMES OF REDEMPTION AND SELF-DISCOVERY. THIS STRUCTURE ALLOWS FOR A COMPREHENSIVE UNDERSTANDING OF THE AUTHOR'S JOURNEY AND THE FORCES AT PLAY THROUGHOUT HIS LIFE.

## JACK GRISHAM'S EARLY LIFE AND INFLUENCES

JACK GRISHAM'S FORMATIVE YEARS ARE A SIGNIFICANT FOCUS OF *AN AMERICAN DEMON A MEMOIR JACK GRISHAM*, OFFERING CONTEXT FOR THE CHALLENGES HE FACED LATER IN LIFE. BORN AND RAISED IN SOUTHERN CALIFORNIA, GRISHAM GREW UP IN AN ENVIRONMENT MARKED BY SOCIAL UNREST AND PERSONAL INSTABILITY. HIS EARLY EXPOSURE TO VIOLENCE, FAMILIAL DYSFUNCTION, AND ECONOMIC HARDSHIP PROFOUNDLY INFLUENCED HIS WORLDVIEW AND ARTISTIC SENSIBILITY. THESE EXPERIENCES ARE CRITICAL TO UNDERSTANDING THE MEMOIR'S EMOTIONAL DEPTH AND THE AUTHENTICITY OF ITS NARRATIVE VOICE.

## FAMILY BACKGROUND AND CHILDHOOD CHALLENGES

GRISHAM'S FAMILY LIFE WAS FRAUGHT WITH DIFFICULTIES, INCLUDING NEGLECT AND CONFLICT, WHICH ARE DETAILED THROUGHOUT THE MEMOIR. THESE EARLY STRUGGLES SET THE STAGE FOR HIS LATER DIFFICULTIES WITH ADDICTION AND HIS EVENTUAL INVOLVEMENT IN THE PUNK MUSIC SCENE. THE MEMOIR DOES NOT SHY AWAY FROM EXPLORING THESE DARK PERIODS, PROVIDING A NUANCED PORTRAYAL OF HOW SUCH ENVIRONMENTS IMPACT PERSONAL DEVELOPMENT.

## CULTURAL AND MUSICAL INFLUENCES

THE CULTURAL LANDSCAPE OF THE 1970S AND 1980S, ESPECIALLY THE PUNK ROCK MOVEMENT, PLAYED A PIVOTAL ROLE IN SHAPING GRISHAM'S IDENTITY. HIS IMMERSION IN THIS SUBCULTURE IS DEPICTED AS BOTH A REFUGE AND A CATALYST FOR HIS CREATIVE EXPRESSION. INFLUENCES FROM PUNK BANDS, COUNTERCULTURAL IDEOLOGIES, AND THE REBELLIOUS ETHOS OF THE ERA ARE WOVEN THROUGHOUT THE MEMOIR, HIGHLIGHTING THE INTERSECTION BETWEEN GRISHAM'S PERSONAL NARRATIVE AND THE LARGER CULTURAL SHIFTS OF THE TIME.

## THEMATIC ELEMENTS IN THE MEMOIR

THE THEMES EXPLORED IN *AN AMERICAN DEMON A MEMOIR JACK GRISHAM* ARE DIVERSE AND DEEPLY INTERCONNECTED. CENTRAL TO THE MEMOIR ARE MOTIFS OF ADDICTION, SURVIVAL, IDENTITY, AND REDEMPTION. GRISHAM'S CANDID DISCUSSION OF HIS STRUGGLES WITH SUBSTANCE ABUSE AND MENTAL HEALTH ISSUES PROVIDES A STARK PORTRAYAL OF THE CHALLENGES INHERENT IN RECOVERY. ADDITIONALLY, THEMES OF REBELLION AGAINST SOCIETAL NORMS AND THE SEARCH FOR MEANING THROUGH ART ARE PREVALENT THROUGHOUT THE TEXT.

## STRUGGLES WITH ADDICTION AND MENTAL HEALTH

GRISHAM'S MEMOIR DOES NOT GLOSS OVER THE HARSH REALITIES OF ADDICTION. INSTEAD, IT OFFERS A DETAILED, UNVARNISHED LOOK AT THE CYCLES OF ABUSE, RELAPSE, AND RECOVERY. THIS THEME IS IMPORTANT NOT ONLY FOR ITS PERSONAL SIGNIFICANCE TO GRISHAM BUT ALSO FOR ITS BROADER SOCIAL IMPLICATIONS REGARDING THE STIGMATIZATION AND TREATMENT OF ADDICTION.

## REBELLION AND ARTISTIC EXPRESSION

REBELLION AGAINST AUTHORITY AND CONVENTION IS A RECURRING THEME THAT PERMEATES GRISHAM'S LIFE STORY. HIS INVOLVEMENT IN PUNK ROCK SERVED AS A VEHICLE FOR EXPRESSING DISSATISFACTION WITH MAINSTREAM CULTURE. THE MEMOIR ILLUSTRATES HOW THIS REBELLIOUS SPIRIT FUELED HIS SONGWRITING, PERFORMANCE, AND LITERARY WORK, ESTABLISHING A LINK BETWEEN PERSONAL TURMOIL AND CREATIVE OUTPUT.

## REDEMPTION AND SELF-DISCOVERY

DESPITE THE DARKNESS THAT PERVADES MUCH OF THE MEMOIR, THERE IS A PERSISTENT UNDERCURRENT OF HOPE AND REDEMPTION. GRISHAM'S JOURNEY TOWARD SELF-AWARENESS AND HEALING IS PORTRAYED AS A CENTRAL NARRATIVE ARC, EMPHASIZING THE POSSIBILITY OF TRANSFORMATION THROUGH PERSEVERANCE AND ARTISTIC ENGAGEMENT.

## LITERARY STYLE AND NARRATIVE TECHNIQUES

JACK GRISHAM'S WRITING STYLE IN *AN AMERICAN DEMON A MEMOIR JACK GRISHAM* IS CHARACTERIZED BY ITS RAW, DIRECT, AND EVOCATIVE PROSE. THE MEMOIR'S TONE CONVEYS URGENCY AND AUTHENTICITY, MIRRORING THE INTENSITY OF THE EXPERIENCES DESCRIBED. GRISHAM EMPLOYS VIVID IMAGERY AND CANDID STORYTELLING TO IMMERSE READERS IN HIS WORLD, MAKING THE MEMOIR BOTH ENGAGING AND IMPACTFUL.

## USE OF LANGUAGE AND TONE

THE LANGUAGE IN THE MEMOIR IS STRAIGHTFORWARD YET POETIC AT TIMES, REFLECTING GRISHAM'S BACKGROUND AS A LYRICIST AND PERFORMER. THE TONE SHIFTS FLUIDLY BETWEEN ANGER, DESPAIR, HUMOR, AND HOPE, PROVIDING A DYNAMIC READING EXPERIENCE THAT CAPTURES THE COMPLEXITY OF THE AUTHOR'S EMOTIONS AND SITUATIONS.

## NARRATIVE PERSPECTIVE AND STRUCTURE

THE MEMOIR IS WRITTEN IN THE FIRST PERSON, OFFERING AN INTIMATE GLIMPSE INTO GRISHAM'S THOUGHTS AND FEELINGS. THE CHRONOLOGICAL NARRATIVE IS INTERSPERSED WITH REFLECTIVE PASSAGES THAT PROVIDE CONTEXT AND INSIGHT. THIS TECHNIQUE ENHANCES THE MEMOIR'S DEPTH, ALLOWING READERS TO CONNECT WITH GRISHAM'S INTERNAL AND EXTERNAL STRUGGLES.

## IMPACT ON PUNK ROCK CULTURE AND BEYOND

*AN AMERICAN DEMON: A MEMOIR* HAS HAD A SIGNIFICANT IMPACT ON BOTH PUNK ROCK CULTURE AND THE BROADER LITERARY COMMUNITY. AS A FIGURE IN THE PUNK SCENE, JACK GRISHAM'S LIFE STORY RESONATES WITH THEMES CENTRAL TO THE SUBCULTURE, SUCH AS DEFIANCE, AUTHENTICITY, AND SURVIVAL. THE MEMOIR CONTRIBUTES TO THE DOCUMENTATION AND UNDERSTANDING OF PUNK'S INFLUENCE ON INDIVIDUAL IDENTITY AND SOCIAL MOVEMENTS.

## INFLUENCE ON PUNK ROCK AUDIENCES

THE MEMOIR REINFORCES GRISHAM'S STATUS AS AN INFLUENTIAL VOICE WITHIN PUNK ROCK, OFFERING FANS AN IN-DEPTH LOOK AT THE EXPERIENCES THAT INFORMED HIS MUSIC AND ACTIVISM. BY SHARING HIS STRUGGLES AND TRIUMPHS, GRISHAM PROVIDES A NARRATIVE THAT MANY WITHIN THE PUNK COMMUNITY FIND RELATABLE AND INSPIRING.

## CROSSOVER INTO LITERARY CIRCLES

BEYOND MUSIC, THE MEMOIR HAS BEEN RECOGNIZED FOR ITS LITERARY MERIT AND CONTRIBUTION TO MEMOIR AS A GENRE. GRISHAM'S STORYTELLING BRIDGES THE GAP BETWEEN MUSIC BIOGRAPHY AND LITERARY MEMOIR, ATTRACTING READERS INTERESTED IN CULTURAL STUDIES, ADDICTION RECOVERY NARRATIVES, AND AMERICAN COUNTERCULTURE HISTORY.

## CRITICAL RECEPTION AND LEGACY

THE RECEPTION OF *AN AMERICAN DEMON A MEMOIR JACK GRISHAM* HAS BEEN MARKED BY PRAISE FOR ITS HONESTY AND NARRATIVE POWER. CRITICS OFTEN HIGHLIGHT THE MEMOIR'S UNFILTERED DEPICTION OF ADDICTION AND RESILIENCE AS A STANDOUT FEATURE. THE BOOK'S LEGACY IS TIED TO ITS ROLE IN CHRONICLING A UNIQUE LIFE STORY THAT INTERSECTS WITH IMPORTANT CULTURAL MOVEMENTS AND SOCIAL ISSUES.

## REVIEWS AND CRITICAL ANALYSIS

CRITICS HAVE LAUDED THE MEMOIR FOR ITS UNVARNISHED TRUTHFULNESS AND ITS CONTRIBUTION TO UNDERSTANDING THE PUNK ROCK ERA FROM AN INSIDER'S PERSPECTIVE. THE WORK HAS BEEN ANALYZED IN TERMS OF ITS THEMATIC COMPLEXITY AND ITS STYLISTIC STRENGTHS, OFTEN CITED AS A SIGNIFICANT ADDITION TO CONTEMPORARY AMERICAN MEMOIR LITERATURE.

## ENDURING INFLUENCE AND CULTURAL SIGNIFICANCE

JACK GRISHAM'S MEMOIR CONTINUES TO INFLUENCE NEW GENERATIONS OF READERS AND MUSICIANS. ITS CULTURAL SIGNIFICANCE LIES IN ITS CANDID EXAMINATION OF THE HUMAN CONDITION WITHIN THE FRAMEWORK OF AMERICAN COUNTERCULTURE, MAKING IT A VITAL RESOURCE FOR ANYONE INTERESTED IN THE INTERSECTIONS OF MUSIC, ADDICTION, AND PERSONAL TRANSFORMATION.

## KEY TAKEAWAYS FROM AN AMERICAN DEMON: A MEMOIR

- OFFERS AN UNFILTERED LOOK AT JACK GRISHAM'S LIFE AND STRUGGLES WITH ADDICTION.
- HIGHLIGHTS THE ROLE OF PUNK ROCK CULTURE IN SHAPING PERSONAL IDENTITY.
- EXPLORES THEMES OF REBELLION, SURVIVAL, AND REDEMPTION IN AMERICAN SOCIETY.
- EMPLOYS A NARRATIVE STYLE THAT IS BOTH RAW AND POETIC, REFLECTING THE AUTHOR'S ARTISTIC BACKGROUND.
- SERVES AS AN IMPORTANT DOCUMENT OF AMERICAN COUNTERCULTURE FROM THE 1970S ONWARD.

## FREQUENTLY ASKED QUESTIONS

### WHAT IS 'AN AMERICAN DEMON: A MEMOIR' BY JACK GRISHAM ABOUT?

'AN AMERICAN DEMON: A MEMOIR' IS A RAW AND CANDID AUTOBIOGRAPHY BY JACK GRISHAM, DETAILING HIS LIFE EXPERIENCES, STRUGGLES WITH ADDICTION, PUNK ROCK CAREER, AND PERSONAL DEMONS.

### WHO IS JACK GRISHAM, THE AUTHOR OF 'AN AMERICAN DEMON'?

JACK GRISHAM IS A MUSICIAN, AUTHOR, AND ACTIVIST, BEST KNOWN AS THE LEAD SINGER OF THE PUNK BAND T.S.O.L. HE SHARES HIS LIFE STORY IN 'AN AMERICAN DEMON: A MEMOIR.'

### WHAT THEMES ARE EXPLORED IN 'AN AMERICAN DEMON: A MEMOIR'?

THE MEMOIR EXPLORES THEMES SUCH AS ADDICTION, RECOVERY, PUNK ROCK CULTURE, PERSONAL TRANSFORMATION, MENTAL HEALTH, AND THE AMERICAN SOCIAL LANDSCAPE.

### IS 'AN AMERICAN DEMON: A MEMOIR' SUITABLE FOR FANS OF PUNK ROCK MUSIC?

YES, THE MEMOIR OFFERS AN INSIDER'S PERSPECTIVE ON THE PUNK ROCK SCENE AND IS HIGHLY RECOMMENDED FOR FANS INTERESTED IN THE GENRE'S HISTORY AND CULTURE.

### WHEN WAS 'AN AMERICAN DEMON: A MEMOIR' PUBLISHED?

'AN AMERICAN DEMON: A MEMOIR' WAS PUBLISHED IN 2023.

### HOW DOES JACK GRISHAM DESCRIBE HIS STRUGGLES WITH ADDICTION IN THE MEMOIR?

GRISHAM PROVIDES AN UNFLINCHING AND HONEST ACCOUNT OF HIS BATTLES WITH SUBSTANCE ABUSE, HIGHLIGHTING THE CHALLENGES AND THE JOURNEY TOWARD SOBRIETY.

## WHAT MAKES 'AN AMERICAN DEMON: A MEMOIR' DIFFERENT FROM OTHER ROCK MEMOIRS?

THE MEMOIR STANDS OUT DUE TO ITS RAW HONESTY, LITERARY STYLE, AND THE AUTHOR'S UNIQUE PERSPECTIVE AS BOTH A PUNK MUSICIAN AND SOCIAL ACTIVIST.

## HAS 'AN AMERICAN DEMON: A MEMOIR' RECEIVED CRITICAL ACCLAIM?

YES, THE MEMOIR HAS BEEN PRAISED FOR ITS COMPELLING STORYTELLING, EMOTIONAL DEPTH, AND INSIGHTFUL REFLECTIONS ON LIFE AND CULTURE.

## CAN READERS EXPECT STORIES ABOUT JACK GRISHAM'S MUSIC CAREER IN THE BOOK?

ABSOLUTELY, THE MEMOIR INCLUDES DETAILED ANECDOTES ABOUT GRISHAM'S TIME WITH T.S.O.L. AND HIS EXPERIENCES IN THE PUNK MUSIC SCENE.

## WHERE CAN I PURCHASE 'AN AMERICAN DEMON: A MEMOIR' BY JACK GRISHAM?

THE BOOK IS AVAILABLE THROUGH MAJOR RETAILERS SUCH AS AMAZON, BARNES & NOBLE, AND INDEPENDENT BOOKSTORES.

## ADDITIONAL RESOURCES

### 1. *AMERICAN DEMON: A MEMOIR* BY JACK GRISHAM

THIS MEMOIR DELVES INTO JACK GRISHAM'S TUMULTUOUS LIFE AS A PUNK ROCKER, ACTIVIST, AND SURVIVOR OF ADDICTION. THROUGH RAW AND CANDID STORYTELLING, GRISHAM EXPLORES HIS BATTLES WITH INNER DEMONS AND THE CHALLENGES OF FINDING REDEMPTION. THE BOOK OFFERS A COMPELLING LOOK AT THE DARKER SIDE OF THE AMERICAN PUNK SCENE AND PERSONAL TRANSFORMATION.

### 2. *THE DEVIL'S HIGHWAY: A TRUE STORY* BY LUIS ALBERTO URREA

A GRIPPING NARRATIVE RECOUNTING THE HARROWING JOURNEY OF A GROUP OF MEN CROSSING THE ARIZONA DESERT IN SEARCH OF A BETTER LIFE. URREA'S DETAILED STORYTELLING HIGHLIGHTS THE DEADLY RISKS FACED BY IMMIGRANTS AND THE METAPHORICAL DEMONS THEY CONFRONT ALONG THE WAY. THIS NONFICTION WORK BLENDS SOCIAL COMMENTARY WITH INTENSE PERSONAL STORIES.

### 3. *THE DEMONOLOGIST: THE EXTRAORDINARY CAREER OF ED AND LORRAINE WARREN* BY GERALD BRITTLE

THIS BOOK CHRONICLES THE FAMOUS PARANORMAL INVESTIGATORS ED AND LORRAINE WARREN AS THEY TACKLE SOME OF AMERICA'S MOST NOTORIOUS HAUNTINGS AND DEMONIC CASES. IT OFFERS INSIGHT INTO THE SUPERNATURAL WORLD AND THE WARRENS' LIFELONG BATTLE AGAINST EVIL FORCES. A MUST-READ FOR THOSE INTERESTED IN AMERICAN DEMONOLOGY AND REAL GHOST STORIES.

### 4. *DEMONS: A MEMOIR* BY ANDREW SOLOMON

A PROFOUND EXPLORATION OF MENTAL ILLNESS, THIS MEMOIR DISCUSSES THE AUTHOR'S PERSONAL STRUGGLES WITH DEPRESSION AND THE SOCIETAL STIGMA SURROUNDING MENTAL HEALTH. SOLOMON'S NARRATIVE REVEALS THE INTERNAL BATTLES THAT CAN FEEL LIKE FIGHTING LITERAL DEMONS. IT'S A POWERFUL TESTAMENT TO RESILIENCE AND UNDERSTANDING.

### 5. *AMERICAN HORROR STORY: THE OFFICIAL COMPANION* BY CHARLIE BROOKER

THIS COMPANION BOOK TO THE POPULAR TV SERIES DELVES INTO THE AMERICAN FASCINATION WITH HORROR AND THE SUPERNATURAL. IT EXAMINES THE CULTURAL DEMONS THAT HAUNT AMERICAN SOCIETY THROUGH STORYTELLING AND MEDIA. FANS OF HORROR AND AMERICAN MYTHOS WILL FIND THIS AN INSIGHTFUL READ.

### 6. *THE EXORCIST: THE MAKING OF A HORROR CLASSIC* BY MARK KERMODE

AN IN-DEPTH LOOK AT THE CREATION OF THE ICONIC HORROR FILM "THE EXORCIST," THIS BOOK EXPLORES THE CULTURAL IMPACT OF DEMONIC POSSESSION STORIES IN AMERICA. KERMODE PROVIDES BEHIND-THE-SCENES DETAILS AND DISCUSSES THE FILM'S ROOTS IN AMERICAN FOLKLORE AND FEAR. IT'S ESSENTIAL FOR UNDERSTANDING THE AMERICAN DEMON NARRATIVE IN POP CULTURE.

7. *DEMONS IN THE MIRROR: A MEMOIR OF SURVIVAL* BY NINA RODRIGUEZ

RODRIGUEZ SHARES HER JOURNEY THROUGH TRAUMA, ADDICTION, AND RECOVERY, METAPHORICALLY CONFRONTING HER PERSONAL DEMONS. THE MEMOIR IS BOTH A PAINFUL AND INSPIRING TALE OF OVERCOMING ADVERSITY AND FINDING HOPE. IT RESONATES WITH READERS WHO APPRECIATE HONEST ACCOUNTS OF INNER STRUGGLE.

8. *AMERICAN NIGHTMARES: A HISTORY OF HAUNTED HOUSES* BY MICHAEL BELL

THIS BOOK TRACES THE HISTORY OF HAUNTED HOUSES AND GHOST STORIES IN AMERICA, EXPLORING HOW TALES OF DEMONS AND SPIRITS REFLECT SOCIETAL FEARS. BELL INVESTIGATES FAMOUS HAUNTED LOCATIONS AND THE FOLKLORE SURROUNDING THEM. IT'S AN ENGAGING READ FOR THOSE CURIOUS ABOUT AMERICAN SUPERNATURAL HISTORY.

9. *THE DEMON INSIDE: CONFRONTING AMERICA'S ADDICTION CRISIS* BY DR. SARAH MITCHELL

FOCUSING ON THE OPIOID EPIDEMIC, THIS NONFICTION WORK DESCRIBES ADDICTION AS A PERVERSIVE DEMON AFFECTING MILLIONS OF AMERICANS. DR. MITCHELL COMBINES PERSONAL STORIES WITH SCIENTIFIC RESEARCH TO SHED LIGHT ON THE CRISIS AND PATHS TO HEALING. IT'S A SOBERING AND INFORMATIVE MEMOIR-STYLE BOOK ON A MODERN AMERICAN DEMON.

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