

# breath of heaven song lyrics

**Breath of Heaven** is a poignant and deeply moving song written by Amy Grant, first released on her 1991 album "Home for Christmas." The song has since become a beloved Christmas classic, resonating with listeners for its heartfelt lyrics and beautiful melody. The themes of the song revolve around the awe and wonder of the Nativity story, reflecting the emotional and spiritual weight of Mary's experience as she carries the Christ child. In this article, we will explore the themes, lyrical analysis, and the impact of "Breath of Heaven" on Christmas music and culture.

## Understanding the Song's Themes

"Breath of Heaven" encapsulates several profound themes central to the Christmas narrative:

### The Journey of Mary

- **Motherhood:** The song provides a unique perspective on motherhood, particularly the challenges and uncertainties that Mary faced. The lyrics express her vulnerability and the weight of carrying the Savior.
- **Faith and Trust:** Mary's journey involved immense faith and trust in God. The song portrays her reliance on divine support and guidance as she navigates her calling.
- **Divine Presence:** The metaphor of the "Breath of Heaven" signifies the presence of God and the Holy Spirit in Mary's life. It emphasizes the sacredness of her mission and the divine love that accompanies her.

### The Spiritual Connection

The lyrics of "Breath of Heaven" invite listeners to reflect on their spiritual journeys. The song resonates with anyone who has experienced doubt, fear, or uncertainty, encouraging them to seek comfort and strength in their faith.

## Lyrical Analysis

The lyrics of "Breath of Heaven" are rich with imagery and emotion. Let's break down some key lines and their significance.

### Opening Lines

The song begins with a series of evocative questions that set the tone for the rest of the piece. The opening lines express Mary's introspection and her feelings of inadequacy:

- "I have traveled many moonless nights"
- "Cold and weary with a babe inside"

These lines immediately create a sense of longing and struggle, establishing the emotional backdrop against which Mary's story unfolds.

## **Imagery and Symbolism**

Throughout the song, Grant employs vivid imagery and symbolism:

- "Breath of Heaven": This phrase symbolizes divine intervention and support. It represents the essence of God's presence in Mary's life.
- "Help me to be strong": This line reflects Mary's plea for strength amid her fears and uncertainties, making it relatable to anyone facing challenges.

## **Personal Reflection**

As the song progresses, it invites personal reflection. The lyrics encourage listeners to consider their own lives and the "breath of heaven" they may seek in moments of difficulty. This connection transcends the biblical narrative, making the song universally applicable.

## **The Musical Composition**

In addition to its lyrical depth, "Breath of Heaven" is notable for its musical composition. The combination of melody, harmony, and instrumentation contributes to the song's emotional impact.

## **Melody and Arrangement**

- Melodic Structure: The melody is hauntingly beautiful, with a gentle rise and fall that mirrors the emotional highs and lows of the lyrics.
- Instrumentation: The arrangement typically features soft piano, strings, and subtle percussion, creating an atmosphere of reverence and introspection.

## **Vocal Performance**

Amy Grant's vocal delivery is another reason for the song's lasting appeal. Her warm and

expressive voice conveys the vulnerability and strength of Mary's character, drawing listeners into the narrative.

## Cultural Impact and Legacy

"Breath of Heaven" has left an indelible mark on Christmas music and culture. Its emotional resonance and spiritual depth have made it a favorite among many.

## Popularity and Covers

Since its release, the song has been covered by various artists, each bringing their unique interpretation to the piece. Some notable covers include:

1. Michael W. Smith: His rendition adds a contemporary Christian music flair while maintaining the original's emotional core.
2. Kathy Troccoli: Troccoli's version showcases her powerful vocals and brings a fresh perspective to the song.

These covers have introduced "Breath of Heaven" to new audiences, ensuring its continued relevance in the holiday music canon.

## Use in Worship Settings

The song is often included in church services, especially during the Advent and Christmas seasons. Its themes of hope and divine presence make it a fitting choice for worship, inviting congregations to reflect on the miracle of Christ's birth.

## Personal Reflections from Listeners

Many listeners have shared personal stories about how "Breath of Heaven" has touched their lives. Common themes include:

- Comfort in Difficult Times: Listeners have expressed that the song provides solace during times of grief or uncertainty, reminding them of God's presence in their struggles.
- Inspiration for Faith: The song often serves as a source of inspiration for those seeking to deepen their faith, encouraging them to embrace their own journeys with trust and hope.

## Conclusion

"Breath of Heaven" stands as a testament to the power of music to convey deep emotional

and spiritual truths. Amy Grant's masterful lyrics and melody not only tell the story of Mary but also invite listeners to reflect on their own lives and experiences. The song's themes of motherhood, faith, and divine presence resonate with many, making it a timeless classic during the Christmas season and beyond. As we listen to "Breath of Heaven," we are reminded of the beauty of the Nativity story and the enduring hope that it brings to our lives. Whether sung in churches, played in homes, or performed by artists around the world, the song continues to inspire and uplift, keeping the spirit of Christmas alive in our hearts.

## **Frequently Asked Questions**

### **What is the main theme of the song 'Breath of Heaven'?**

The main theme of 'Breath of Heaven' revolves around the feelings of hope, longing, and divine support, particularly in the context of motherhood and the challenges faced during significant life changes.

### **Who wrote the song 'Breath of Heaven'?**

'Breath of Heaven' was written by Amy Grant and is featured on her 1991 album 'Home for Christmas.'

### **What biblical story is referenced in 'Breath of Heaven'?**

The song references the story of Mary, the mother of Jesus, capturing her fears and hopes as she faces the monumental task of giving birth to the Savior.

### **What musical style is 'Breath of Heaven'?**

'Breath of Heaven' is characterized by its contemporary Christian music style, blending elements of pop and soft rock with spiritual themes.

### **How has 'Breath of Heaven' been received by audiences?**

The song has been well-received, becoming a holiday classic and resonating with listeners for its poignant lyrics and emotional depth, especially during the Christmas season.

### **Are there any notable covers of 'Breath of Heaven'?**

Yes, 'Breath of Heaven' has been covered by various artists, including Michael W. Smith and Rebecca St. James, each bringing their own interpretation to the song.

### **What impact has 'Breath of Heaven' had on Christmas music?**

The song has significantly influenced Christmas music by introducing a modern, reflective perspective on the Nativity story, making it a staple in holiday playlists.

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